



Abbottswood Medical Centre Patient Newsletter

www.abbottswoodmedicalcentre.co.uk

February 2022

Tel: 01386 552424

Dispensary Line: 01386 561143

Between (9am-12)

Doctors:

Dr Peter Evans
Dr Craig Embley
Dr Paula Baxter
Dr Catherine Kelly
Dr Prashanth
Peddareddy
Dr Monika Tomas
Dr Peter Mathias

We are open as usual.

We would like to reassure our patients that we are open.

We are seeing patients that need to be seen, but have to follow very strict infection control measures.

If you contact us with a health query, you will be added to a telephone call list and a clinician will contact you. If it is felt you need to be seen you will be asked to attend the surgery and will be advised what measures are in place to keep you and our staff safe.

In case of emergency, please dial 999

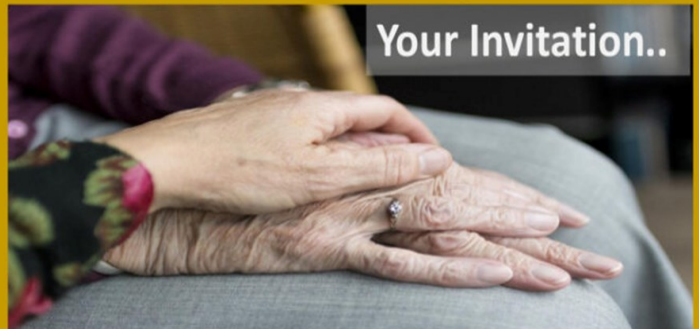
Please give us as much notice as possible if you need to cancel your appointment. This will give us the opportunity to use the time for other patients. Thank you.

FACE MASKS

Face coverings and Face masks will be continued to be required in health care settings so please wear a face mask when entering our surgery unless medically exempt. This is to keep all staff and patients safe. We thank you for your continued support and understanding in this matter.



Your Invitation..



Pershore Volunteer Centre invite you to "Have your Say" at the Good Neighbourhood Network

Peopleton Village Hall 10th February and 24th March
11am to 3pm Tea & Coffee on arrival, followed by a Light Lunch and afternoon activity

- Learn more about the services of **The Pershore Volunteer Centre** and **Pershore Wellbeing Hub** and how to access them.
- Tell us how you are involved in your community and what else you would like to see.
- Meet some of our wonderful team of volunteers and hear how rewarding volunteering can be.
- Do you want to make a difference, why not join the team?

To register, please contact Jo at the Pershore Volunteer Centre;
Tel: 01386 554 299 or email ; jo.stylianou@pershorevolunteers.org.uk

Transport to & from the event can be organised for a nominal fee.

Support Our Research: A Smartphone App Trial

Please help us test an app with the aim to enhance feelings of social connectedness and support wellbeing

Who can join the research?

You must be **over 50 years old** and use a smartphone or a tablet. You must be a resident in the UK.

What will you be asked to do?

You will be asked to participate in a 4-week trial in an experiment group or a waiting list group. The trial will require you to complete three surveys, and a brief interview if you are in the experiment group.

To thank you for your participation, you will receive a **£20 Amazon voucher!**



If you are interested in participating the research, please scan the QR code using the camera on your device or follow <https://tinyurl.com/2p8js4hs> to fill in the survey.

If you have any questions about the research, please contact Ronnie Yan at jieru.yan@ntu.ac.uk.



Strong and Steady Exercise Classes

Helping to improve your strength and balance



You can find more information online at www.activehw.co.uk/strongand-steady

or call

01905 855498



The Vending Machine

Due to the popularity and uptake of our vending machine facility items will now be available to collect for 3 days. After receiving your code, you will be sent a reminder on the second day. The pin code will expire 24 hours after the reminder has been sent.

DO YOU HAVE A NEW MOBILE PHONE? HAVE YOU RECENTLY MOVED HOUSE? PLEASE UPDATE US WITH YOUR NEW CONTACT INFORMATION AS SOON AS POSSIBLE